



Fred Helmick

July 3, 1940 - January 21, 2022

Fred L. Helmick, 81, of Oskaloosa, passed away Friday, January 21, 2022, at the University of Iowa Hospital in Iowa City, Iowa.

Charles "Fred" Lafred Helmick, son of Wayne Leroy and Florence (Hem) Helmick, was born July 3, 1940, in Ottumwa, Iowa. He graduated from Ottumwa High School in 1958, and later that year, he enlisted in the U.S. Marine Corps Reserves. He attended Iowa Success Business College in Ottumwa for two years, during his time in the reserves. While attending business college, Fred met an Oskaloosa gal attending the college and living with her grandparents in Ottumwa. On May 14, 1961, he married Conni Jo Howk at First Baptist Church in Ottumwa and then moved to Oskaloosa. After his discharge in 1966, Fred worked for Northern Railroad for a year, then took jobs at Phillips 66 filling station and Ideal Manufacturing in Oskaloosa. In 1970, he signed on with the Oskaloosa Fire Department and served until 1979, when the family moved to Knoxville. He worked at Pella Corp for two years before being hired by Knoxville Community Hospital, where he served as an X-Ray technician for 30 years, retiring in 2012. He and Conni then moved back to Oskaloosa to be near their son.

Fred was a member of the Elks and a past member of First Baptist Church in Oskaloosa. He enjoyed watching NASCAR, the Iowa Hawkeyes, and the Chicago Bears in his spare time.

His family includes his wife, Conni Helmick, and his son, Robert Helmick, Oskaloosa. He is also survived by a brother and sister-in-law, Dwayne and

Barb Helmick of Mt. Pleasant, Iowa.

In addition to his parents, Fred was preceded in death by a brother, Earl, and a sister, Barbara Stocker.

Funeral Services for Fred will be held at 10:30 a.m., Thursday, January 27, 2022, at Langkamp Funeral Chapel. The Oskaloosa Honor Guard will present military honors. The burial will be in Forest Cemetery. Visitation will begin at 10 a.m., Wednesday, at the funeral chapel; the family will greet visitors from 4-6 p.m. Memorial contributions can be made to Stephens Memorial Animal Shelter.

Cemetery Details

Forest Cemetery

934 North 9th ST
Oskaloosa, IA 52577
secretary@forestcemetery.com
<http://www.forestcemetery.org/>

Previous Events

Open Visitation

JAN 26. 10:00 AM (CT)

Langkamp Funeral Chapel & Crematory
2116 N 3rd St
Oskaloosa, IA 52577
(641) 672-2181
langkampfuneralchapel@gmail.com
<https://www.langkampfuneralchapel.com>

Family and Friends

JAN 26. 4:00 PM - 6:00 PM (CT)

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Funeral Service

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Tribute Wall



“ *Fred Helmick*

October 05, 2023 at 11:57 PM



“ *We send our sincere sympathy to you, Connie and family in the loss of your husband.*

*Ted and Louise Binns Burson
Manistique, MI*

Louise Burson - January 27, 2022 at 04:50 PM



“ *So sorry for your loss. My thoughts and prayers are with you. I lived down the street from you on North D St.*

Amy Jean Comstock

Amy Comstock - January 25, 2022 at 11:24 AM



“ *Diane lit a candle in memory of Fred Helmick*



Diane - January 24, 2022 at 02:29 PM

DC

Worked with Fred at Knoxville Hospital. Very nice and kind. Will be missed.

Diane Carruthers - January 24, 2022 at 02:31 PM

CP

“ I worked with Fred in the Xray Dept. at KACH for many years. Fred was a very nice, polite, coworker who enjoyed sports. I am sorry to hear of his passing.

Cindy Pettyjohn - January 24, 2022 at 11:43 AM

BD

“ BRIAN DAVIS lit a candle in memory of Fred Helmick



BRIAN DAVIS - January 24, 2022 at 10:19 AM

DJ

“ Hugs Connie in your loss of Fred

Donna Johnson - January 24, 2022 at 09:31 AM

GW

“ Worked with Fred at Pella Corp. Nice guy. Always happy. Sorry for your loss.

Greg Weldon - January 24, 2022 at 06:51 AM



“ *Crystal Cross Bouquet was purchased for the family of Fred Helmick.*



January 23, 2022 at 07:18 AM



“ *Barb O'Brien lit a candle in memory of Fred Helmick*



Barb O'Brien - January 22, 2022 at 07:48 PM



So sorry to hear this worked with Fred at KACH and we had some great laughs. God speed my friend

Barb O'Brien - January 22, 2022 at 07:49 PM



“ *robin dubree and tabatha helmick purchased the Peaceful White Lilies Basket for the family of Fred Helmick.*



robin dubree and tabatha helmick - January 22, 2022 at 05:28 PM